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Eyes on Africa

your African guides

Mount Kenya, 7 Day Chogoria Rout Climb

Day 1 Nairobi – Timau

Meet your driver-tour guide in your chosen hotel in Nairobi or at the airport if you arrive early in the morning. Four to five hour drive from Nairobi to this beautiful area, right on the slopes of Mt. Kenya. Afternoon spent with acclimatizing followed by evening briefing and dinner with guide to prepare you for the climb ahead.

All meals and overnight at Timau River Lodge.

Day 2 Timau – Sirimon Gate – Old Moses Hut

You will be collected from the hotel and driven to Sirimon Gate (2600m). After arranging formalities with park authorities you will start trekking. Walk through a thick rain forest which takes three hours to Old Moses Hut. It is an interesting walk with a good opportunity to meet some of the wildlife living in the mountain forest (Baboons, Colobus monkeys, elephants, buffalos and other antelopes).

Afternoon spent for further acclimatization with short walks in surroundings and enjoying the views.

Dinner and overnight at Old Moses Hut (3300m).

Day 3 Old Moses Hut – Shipton's Hut

After breakfast, you will walk via Mackinders Valley to Shipton's Hut (4200m). Walk this day will lead you thru mountain moorland full of mountain lobelias (2-3m high). It is a long but not difficult walk which shouldn't take more than eight hours.

Dinner and overnight at the Shipton's Hut.

Day 4 Shipton's Hut – Lenana Peak – Mintos Camp

Making a very early start at around 1:00, follow the zigzag path up and after 4 – 5 hours, you'll reach the top of Mount Kenya, at Point Lenana (4985m)! The top should be reached at sun rise. From the top of the mountain on a very clear day, of course, you may be able to see Kilimanjaro in the south, Mt Elgon to the west, and the Indian Ocean to the east. Descend to Mintos Camp (Halls Tarns camp).

This hike is about 4 and half hours hike through some of the most spectacular sceneries like Gorges valley the Halls Tarns and the Lake Elies at a far distance.

Dinner and overnight at Mintos Campsite.



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Day 5 Mintos Camp – Chogoria Gate

This hike is anywhere between 4 - 6 hours. This area has spectacular views down into the Gorges valley with Lake Michaelson and Vivienne falls, and across on the other side you can see Ithanguni peak, Rotundu peaks and the Giant Flat -- top Kilingo hill table. 18kms

Dinner and overnight at Mt. Kenya Lodge (Bandas).

Day 6 Chogoria Gate – Timau

Track about 6 - 8 hours, on dirt roads through a thick bamboo forest and tropical forest. The forest is really beautiful with chances of seeing wildlife and Columbus monkeys. Walk slowly and admire the forest. Near Chogoria village you will meet your 4 x 4 vehicle which will transfer you back to your base under Mount Kenya.

Afternoon spent relaxing at your scenic Timau River Lodge.

Day 7 Timau - Nairobi

After breakfast, drive back to Nairobi (four to five hour drive).

*Optional extension:

Depart to Ol Pajeta Conservancy (Sweetwaters) for a game drive in this impressive Conservancy, home of a wide variety of plain's wildlife, including the "Big Five". You will also visit Jane Goodall's Chimpanzee Sanctuary. After 3 to 4 hours spent in Conservancy on game drive continue back to Nairobi (four hour drive) or continue to you next destination.

End of Safari